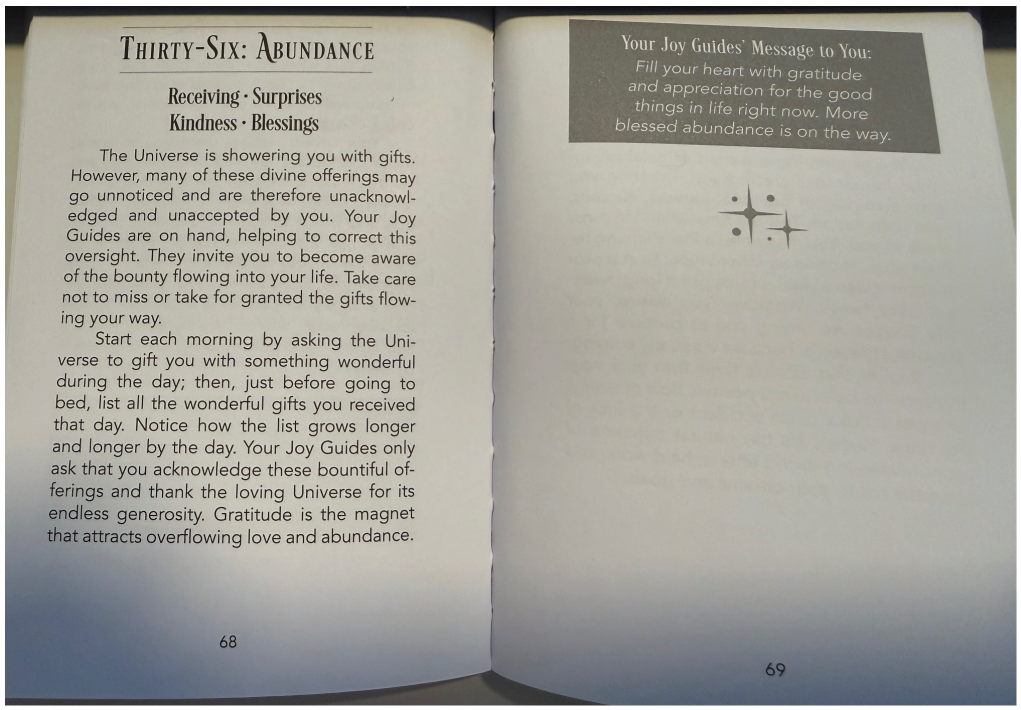
2026 Focus Cards From Guides



Thirty-Six: Abundance

Receiving · Surprises
Kindness · Blessings

The Universe is showering you with gifts. However, many of these divine offerings may go unnoticed and are therefore unacknowledged and unaccepted by you. Your Joy Guides are on hand, helping to correct this oversight. They invite you to become aware of the bounty flowing into your life. Take care not to miss or take for granted the gifts flowing your way.

Start each morning by asking the Universe to gift you with something wonderful during the day; then, just before going to bed, list all the wonderful gifts you received that day. Notice how the list grows longer and longer by the day. Your Joy Guides only ask that you acknowledge these bountiful offerings and thank the loving Universe for its endless generosity. Gratitude is the magnet that attracts overflowing love and abundance.

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Your Joy Guides' Message to You:
Fill your heart with gratitude and appreciation for the good things in life right now. More blessed abundance is on the way.

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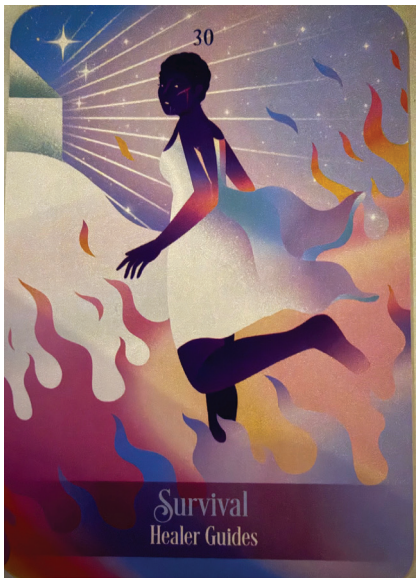

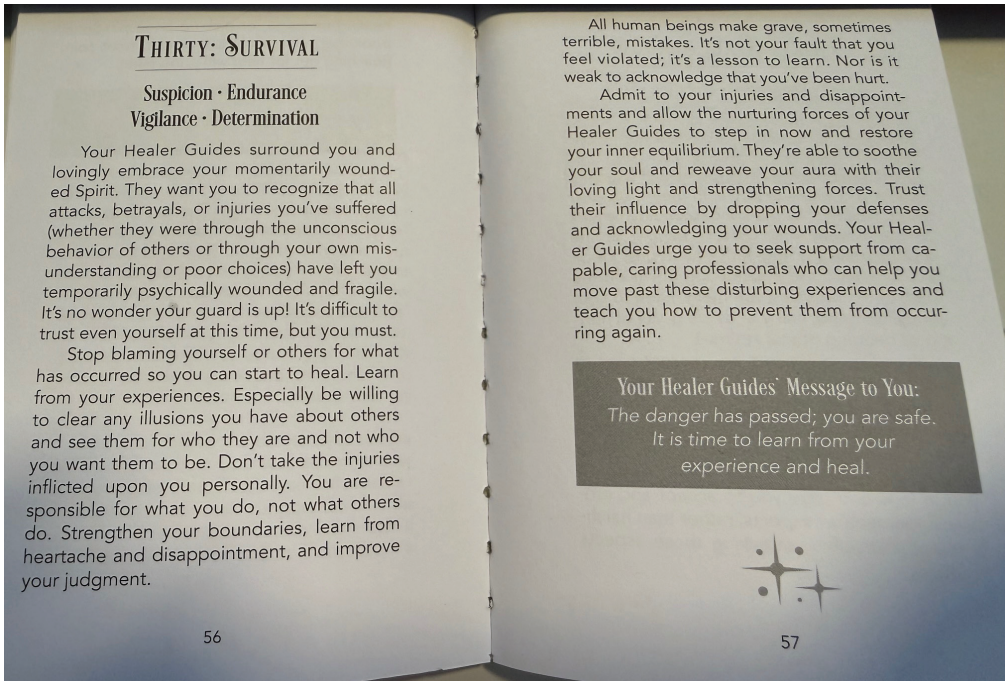

Thirty: Survival

Suspicion · Endurance
Vigilance · Determination

Your Healer Guides surround you and lovingly embrace your momentarily wounded Spirit. They want you to recognize that all attacks, betrayals, or injuries you've suffered (whether they were through the unconscious behavior of others or through your own misunderstanding or poor choices) have left you temporarily psychically wounded and fragile. It's no wonder your guard is up! It's difficult to trust even yourself at this time, but you must.

Stop blaming yourself or others for what has occurred so you can start to heal. Learn from your experiences. Especially be willing to clear any illusions you have about others and see them for who they are and not who you want them to be. Don't take the injuries inflicted upon you personally. You are responsible for what you do, not what others do. Strengthen your boundaries, learn from heartache and disappointment, and improve your judgment.

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All human beings make grave, sometimes terrible, mistakes. It's not your fault that you feel violated; it's a lesson to learn. Nor is it weak to acknowledge that you've been hurt.

Admit to your injuries and disappointments and allow the nurturing forces of your Healer Guides to step in now and restore your inner equilibrium. They're able to soothe your soul and reweave your aura with their loving light and strengthening forces. Trust their influence by dropping your defenses and acknowledging your wounds. Your Healer Guides urge you to seek support from capable, caring professionals who can help you move past these disturbing experiences and teach you how to prevent them from occurring again.

Your Healer Guides' Message to You:
The danger has passed; you are safe. It is time to learn from your experience and heal.

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