



The Inner Adorable Badass Closet Clean-Out

(Because if your soul can't breathe, it can't pivot.)
Inspired by Karen Drucker!

You wouldn't walk into a new season with a closet full of outdated outfits, broken heels, and pants that never fit right anyway – so why are you carrying that energy in your life?

It's time to clean house. Emotionally. Mentally. Energetically. Spiritually.

Let's make space for the joy, clarity, and badassery you deserve.

Step 1: Dig Into Your Inner Closet

Grab your journal and ask yourself:

1) What no longer fits?

Think beliefs, relationships, habits, roles, or stories you've outgrown.

(Ex: "I'm done believing I have to hustle to be worthy.")

2) What's just taking up space?

Old dreams, tired routines, or emotional hand-me-downs.

(Ex: "I keep replaying a failure that no longer defines me.")

3) What's been whispering from the back of the closet?

That quiet little voice saying, "Hey... what if we tried this?"

(Ex: "I want more freedom. I want to create. I want to rest.")



PIVOT!

Step 2: Burn It, Bless It, or Box It

For everything you wrote, decide:

- Burn It – Time to let that "stuff" go. It's not you anymore.
- Bless It – It taught you something. Thank it. Release it.
- Box It – Not quite ready? That's cool. Put it aside and revisit when you're ready.

Step 3: Choose Your Pivot Word

Pick ONE word that reflects the energy of your next chapter – the you who's already clearing the path.

Examples: **Spacious. Bold. Sacred. Free. Ready. Wild. Enough.**

Write it big. Speak it louder. Let it lead.

Remember: You are not meant to shrink to fit.

You are meant to evolve, expand, and dance your way into what's next – joyfully, rebelliously, unapologetically.

Now go on, gorgeous. Clean that inner closet out like the adorable badass you are.